

First Aid Training Courses

In any company the number and type of first aid personnel would be based on a risk assessment. In assessing needs, employers should consider:

- Workplace hazards and risks
- Size of the organisation
- History of accidents
- Nature and distribution of the workforce
- Remoteness of site from emergency services

Source www.hse.gov.uk/contact/faqs/firstaid.htm

What is a First Aider Trained to Deal With?		
Emergency First Aid at Work	EFAW 6 hours	FAW 18 hours
First Aid at Work		
Act safely, promptly and effectively in an emergency	✓	✓
Cardio Pulmonary Resuscitation (CPR)	✓	✓
The unconscious casualty (including seizures)	✓	✓
Choking	✓	✓
Wounds and bleeding	✓	✓
Shock	✓	✓
Minor injuries	✓	✓
Preventing cross-infection/Recording incidents/Using available equipment	✓	✓
Fractures		✓
Sprains and strains		✓
Spinal injuries		✓
Chest injuries		✓
Burns and scolds		✓
Eye injuries		✓
Poisoning	* These topics are not covered in the EFAW course	✓
Anaphylaxis		✓
Heart attack		✓
Stroke		✓
Epilepsy		✓
Asthma		✓
Diabetes		✓

* If any of these injuries or illnesses are likely to occur in your workplace, a full First Aider at Work should be in attendance.

In many cases our courses can be adapted for a specific group or business and delivered at the client's chosen location. For more information on bespoke bookings please call 01245 421782.